

enovis™

DONJOY®

X-ACT FIT™ SHOULDER



APPROACH RECOVERY FROM ANY ANGLE.



Neutral:

- Humerus in scapular plane, 30-40° from coronal/frontal plane
- 0°+ External rotation
- Palm positioned neutrally: neither pronated (facing down) nor supinated (facing up)

Common indications: fractures, dislocations, soft tissue injury, delayed surgery, total shoulder arthroplasty, spinal immobilization, distal radius fractures



0-45° External Rotation (ER):

- Use a goniometer to ensure adjusted forearm support is at desired (ER)

Common indications: anterior dislocation (palm facing ceiling), spinal immobilization



Gunslinger:

- Use a goniometer to ensure adjusted forearm support is at desired ER and desired shoulder abduction is achieved when applied
- 30-40° abduction
- 15-30° external rotation

Common indications: shoulder fusion, fractures, arthroscopy, arthroplasty, shoulder luxation, brachial plexus injury



30° Elbow Flexion:

- Competitive advantage with our innovative hinge
- Accommodates higher BMI with larger bellies
- Elevates the hand

Instructions:

- Rotate hinge 30°



Airplane w/Kickstand as Forearm Support:

- Patients 5'10" or shorter

Instructions:

- Separate the second kickstand
- Rotate hinge 90°
- Connect forearm support to the attached kickstand support
- Reattach the second kickstand perpendicular to forearm support at position of arm when abducted 90°

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Creating Better Together™

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